**专题02 读后续写之各种身体动作描写**



**一、关键词**

shrug [ʃrʌɡ]  *vt.* 耸肩

spin [spin] 旋转;眩晕

## lean [liːn]  *v.* 倾斜身体

scratch [skræt] 抓；挠

crouch蹲

bend弯下（腰）

**二、常用短语**

lie on one's back仰面躺着  
lie on one's face/ belly/ stomach趴着  
lie on one's side侧卧

get down on one’s knees 跪下双膝

get down on one’s left knee 单膝下跪

get down on the ground 趴在地上

shrug one’s shoulders 耸耸肩

sit on one's shoulders 坐在某人的肩膀上

look (back) over one's shoulder 回头看

bend one’s back 弯腰/驼背

stretch one’s back 伸懒腰

lean one’s back against......把背靠在......

on the back后背

on one’s back 某人的背上

jump to one’s feet 跳起来

tap/stamp one’s feet敲打/跺脚

drag one’s feet拖着脚

put one’s feet up把脚抬起来

hug one’s knees抱着膝盖

on one’s knees 跪下

drop/lower/bend/bow one’s head 低下头

nod one’s head 低头

shake one’s head 摇头

scratch one’s head 挠头

rest one’s head on 把头靠在...上面

bury one’s head 把头埋起来

clear one’s head 清醒一下头脑

feel one’s head spinning 觉得天旋地转

head for/towards 朝……走去

**三、优美句子**

1．She felt asleep and dreamed of seeing Tom.

2．Suddenly a tall figure dressed in a dark cloak appeared before him.

3．Death spoke with a threatening voice, and disappeared.

4．Dr. Urssenbeck suddenly found himself in a large room where thousands of candles were burning.

5．The little girl slowly pushes herself on the swing.

6．They are sitting outside in the cool night on a wooden porch, talking quietly.

7．One of them approached and asked politely if I would throw the ball back to him.

8．Wanting to appear agreeable, I bent down, picked up the ball and, eyes half-shut, threw it back as hard as I could.

9．Once I was on the bus, I crouched in a seat and shut my eyes.

10．In a flash my friend was in the car and gone, disappearing in a cloud of dust.

11．For a moment I just stood there, paralyzed(呆若木鸡).

12. The little girl slowly **pushes herself** on the swing.

13. They **are sitting** outside in the cool night on a wooden porch, talking quietly.

14. One of them **approached** and asked politely if I would throw the ball back to him.

15. Wanting to appear agreeable, I **bent down**, picked up the ball and, eyes half-shut, threw it back as hard as I could.

16. Once I was on the bus, I **crouched** in a seat and shut my eyes.

17. In a flash my friend was in the car and **gone**, **disappearing** in a cloud of dust.

18. For a moment I just **stood** there, **paralyzed**(呆若木鸡).

四、练习

翻译练习1：

1.当我问他为什么这么做时，他只是耸耸肩。

2.那孩子坐在她父亲的肩膀上看游行经过。

3.他回头看了看。

翻译练习2：

1.他走路时弯腰/驼背。

2.他下床时打了个哈欠，伸了个懒腰

3.他把背靠在吧台上

4.他笑了笑，狠狠地打了我后背一巴掌。

5.他们把他的手绑在背后。

6.他背着一个小孩。

翻译练习3：

1.她一听到这个消息就跳了起来。

2.她不耐烦地敲打/跺脚。

3.她拖着脚，不情愿地跟着她的父母。

4.我的脚滑了，因为我正要投篮，我错过了球。

5.他回家后喜欢把脚抬起来看电视。

翻译练习4：

1.突然，她的膝盖弯曲/虚弱，她摔倒在地板上。

2.他抱着膝盖取暖。

3.他跪下乞求原谅。

4.他坐在她父亲的膝盖上，给她读故事。

5.他跪在地上，寻找丢失的戒指。

翻译小练习5：

1.他羞愧地低下了头。

2.他们点头同意。

3.她怀疑地摇摇头。

4.他挠了挠头，一个字也听不懂。

5.她用枕头捂住脑袋。

6.她将头靠在他的肩膀上。

7.我决定去走走，清醒一下头脑。

8.他只喝了一杯就觉得天旋地转。

9.他转身朝门口走去。

翻译1参考答案：

1. When I asked him why he had done it, he just shrugged his shoulders.

2. The child sat on her father's shoulders to watch the parade go by.

3. He looked (back) over his shoulder.

翻译2参考答案：

1. He bends his back when he walks.

2. He yawned and stretched his back as he got out of bed.

3. He leaned his back against the bar.

4. He smiled and gave me a hearty slap/pat on the back.

5. They tied his hands behind his back.

6. He was carrying a small child on his back.

翻译3参考答案：

1. She jumped to her feet when she heard the news.

2. She was tapping/stamping her feet impatiently.

3. She dragged her feet as she reluctantly followed her parents.

4. My feet slipped as I was about to shoot and I missed the ball.

5. He likes to put his feet up and watch TV when he gets home.

翻译4参考答案：

1. Suddenly her knees buckled/ weakened and she fell to the floor.

2. He hugged his knees to keep warm.

3. He went/got down on his knees and begged for forgiveness.

4. He sat on her father's knees while he read her a story.

5. He was on his knees, searching for the missing ring.

翻译5参考答案：

1. He dropped/lowered/bent/bowed his head in shame.

2. They nodded their heads in agreement.

3. She shook her head in disbelief.

4. He scratched his head, not understanding a word.

5. She buried her head in the pillow.

6. She rested her head on his shoulder.

7. I decided to go for a walk to clear my head.

8. He could feel his head spinning after only one drink.

9. He turned and headed for the door.